

## MASS TIMES

<b>Blackfriars</b> Cnr Phillip Ave & Antill St, Watson	
Tuesday to Friday	5.30pm
Saturday (vigil)	5.00pm
Sunday	10.00am 5.00pm

<b>St Brigid's</b> 2 Bancroft St, Dickson	
Tuesday to Saturday	9.00am
Saturday (vigil)	6.00pm
Sunday	9.30am
Vietnamese Mass Sunday (1st & 3rd)	5.00pm

<b>St Joseph's</b> 61 Boria Drive, O'Connor	
Tuesday to Friday	9.15am
Saturday	8.30am
Saturday (vigil)	6.00pm
Sunday	8.30am

<b>St Patrick's</b> 1 Donaldson St, Braddon	
Tuesday to Friday	12.30pm
Sunday	8.00am
German Mass Sunday	10.00am

<b>St Thomas More</b> 30 White Cres, Campbell	
Friday * (1st & 3rd of the month)	11.45am
Sunday	10.00am

\* School attends during school term

## CONTRIBUTIONS TO CLERGY & PARISH

### Contribute to the First Collection:

Account Name: Central Presbytery Fund  
BSB: 062-786 - Bank Account: 00029248  
Reference: Your parish location, name and intention (e.g. Campbell Smith 1st collect)

### Contribute to your parish:

**Canberra Central**: A/C Name Canberra Central Parish  
BSB: 062786 A/C: 00013150 Ref: Name & Giving Number  
**Blackfriars**: A/C Name: Blackfriars Parish Watson  
BSB: 062786 A/C: 00013341 Ref: Name & Giving Number  
**St Joseph's**: A/C Name: St Joseph's Parish  
BSB: 062 786 A/C: 00012798 Ref: Name & Giving Number  
**St Thomas More**: A/C Name: St Thomas More Parish  
BSB: 062786 A/C: 00014869 Ref: Name & Giving Number

## SACRAMENT & DEVOTION TIMES

<b>Blackfriars</b> Cnr Phillip Ave & Antill St, Watson	
Reconciliation	
Saturday	4.00 - 4.30pm
Adoration of the Blessed Sacrament	
Friday	6.00 - 7.00pm
Rosary Prayers	
Sunday (1st & 3rd of the month)	9.00am

<b>St Brigid's</b> 2 Bancroft St, Dickson	
Reconciliation	
Saturday	9.30 - 10.00am 5.30 - 5.50pm
Adoration of the Blessed Sacrament	
Wednesday	8.00am - 8.00pm
Saturday	9.30am - 10.00am
Rosary Prayers	
Tuesday to Saturday	8.30am
Anointing of the Sick	
Sunday (3rd of the month)	After 9.30am Mass

<b>St Joseph's</b> 61 Boria Drive, O'Connor	
Reconciliation	
Friday (during Holy Hour)	8.15 - 9.00am
Saturday	5.15 - 5.45pm
Adoration of the Blessed Sacrament	
Tuesday to Friday	8.15 - 9.10am
Rosary Prayers	
Tuesday to Friday (Cenacle on Thursdays)	After 9.15am Mass
Saturday Rosary Novena - Our Lady of Perpetual Help	8.15am (before Mass)
Anointing of the Sick	
Saturday (1st of the month)	8.30am (within the Mass)

<b>St Patrick's</b> 1 Donaldson St, Braddon	
Reconciliation	
Friday	12.00 - 12.30pm
Adoration of the Blessed Sacrament	
Friday	11.30am - 12.30pm

<b>St Thomas More</b> 30 White Cres, Campbell	
Anointing of the Sick	
Sunday (1st of the month)	11.15am



# Canberra Inner North Catholic Community

### Under the Care of Congregation of the Blessed Sacrament (SSS)

Fr Anthony (Thonn) Riosa SSS Moderator:  
[anthony.riosa@cg.org.au](mailto:anthony.riosa@cg.org.au)  
Fr Renoir Oliver Jr SSS: [renoir.oliver@cg.org.au](mailto:renoir.oliver@cg.org.au)  
Fr Sebastian Luistro SSS: [sebastian.luistro@cg.org.au](mailto:sebastian.luistro@cg.org.au)

Parish Secretaries: Kathie Guillester & Danielle Firat  
0416 823 447 (Campbell & Watson)  
0412 128 038 (Canberra Central & O'Connor)  
[innernorth@cg.org.au](mailto:innernorth@cg.org.au)  
<https://www.cginnernorth.org.au>  
PO Box 900, Dickson ACT 2602

### Parish Offices Opening Hours:

Watson Blackfriars Thursday & Friday 9am-1.00pm | Dickson St Brigid's Tuesday & Friday 9.30am-1.00pm  
O'Connor St Joseph's Wednesday & Thursday 9.30am-1.00pm  
Campbell St Thomas More Tuesday & Wednesday 9am-1.00pm

## 19th Sunday in Ordinary Time | Year B | 11 August 2024

REFLECTION: The second part of Jesus' great discourse sees a slight change in tactics. The Jewish authorities scoffed at Jesus' claim, certain of their own truth. But Jesus, sure in God's truth, advances his case as the One sent by God. To be taught by God is to come to Jesus - and we need to understand that 'come' is here best understood as belief in Jesus - 'everyone who believes has eternal life'. The believer HAS (present tense), as in right in this moment/ now, eternal life. That does not mean that we will not pass through physical death. But physical death is understood in the Gospel of John as a transition from physical life into the fullness of eternal life. The eternal life we possess now is only partial, it is not yet complete, and can only become complete when Jesus comes again in his glory on the last day, at the end times. Jesus drives his message home with the truly shocking image of eating the living bread that he gives. We become so familiar with these texts that the horrifying images have lost their horror. So, take some time now, and sit with those last four lines of the Gospel reading. How are they impacting you? What scandalises you? What can Jesus mean by eating his flesh? From *Gods Word, Daily Reflections 2024*

### Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3. Enquiries or concerns please contact: Fr Anthony Riosa SSS—[anthony.riosa@cg.org.au](mailto:anthony.riosa@cg.org.au) - Maria Hicks (Manager) - Phone **02 6239 9806** - Institute of Professional Standards & Safeguarding (IPSS) [ipss@cg.org.au](mailto:ipss@cg.org.au)

### Parish Safeguarding Officers

**Blackfriars Parish, Watson:** Nicole [watson.safeguarding@cg.org.au](mailto:watson.safeguarding@cg.org.au)  
**Canberra Central, Dickson & Braddon:** Barbara & Catherine: [CanberraCentral.Safeguarding@cg.org.au](mailto:CanberraCentral.Safeguarding@cg.org.au)  
**St Joseph's O'Connor:** Fiona: [oconnor.safeguarding@cg.org.au](mailto:oconnor.safeguarding@cg.org.au)  
**St Thomas More, Campbell:** Margie: [Campbell.safeguarding@cg.org.au](mailto:Campbell.safeguarding@cg.org.au)



**BLACKFRIARS PARISH**  
Cnr Phillip Avenue & Antill Street,  
Watson ACT 2602  
Fr Renoir Oliver Jr SSS  
Facebook: [www.facebook.com/Holy-](https://www.facebook.com/Holy-)



**CANBERRA CENTRAL incl: ST BRIGID'S** 2 Bancroft St  
Dickson ACT 2602  
**ST PATRICK'S** 1 Donaldson St  
Braddon ACT 2612  
Fr Sebastian Luistro SSS



**ST JOSEPH'S PARISH**  
61 Boria Drive,  
O'Connor ACT 2602  
Fr Anthony Riosa SSS  
Facebook: [www.facebook.com/stjosephsoconnor](https://www.facebook.com/stjosephsoconnor)



**ST THOMAS MORE PARISH**  
30 White Crescent  
Campbell ACT 2612  
Fr Anthony Riosa SSS  
Facebook: [facebook.com/st.thomasmore.campbell](https://facebook.com/st.thomasmore.campbell)

### Acknowledgement of Country

We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past, present and emerging.

**Entrance Antiphon - Ps 73:20,19,22,23**

Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

**First Reading - 1 Kings 19:4-8**

**Responsorial Psalm - Psalm 33:2-9**

Taste and see the goodness of the Lord.

**Second Reading - Ephesians 4:30-5:2**

**Gospel Acclamation - John 6:51**

Alleluia, alleluia!  
I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.  
Alleluia!

**Gospel - John 6:41-51**

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: *They will all be taught by God*, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. 'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

**Communion Antiphon - Wis 16:20**

O Jerusalem, glorify the Lord,  
who gives you your fill of finest wheat.



**INNER NORTH**

**Blessed Sacrament Fathers Welcoming Mass - 12 September**

SAVE THE DATE: The Archbishop will celebrate Mass to formally welcome the Blessed Sacrament Fathers to the Inner North Catholic Community and the Archdiocese at **5.30pm on Thursday 12 Sept, at Holy Rosary Church, Watson.**

**Mary & the Saints Pilgrimage - 10 October**

A pilgrimage from Fatima to Lourdes with **Fr Kevin Saunders OP** (former provincial, Blackfriars, Watson). From the anniversary celebrations in Fatima, through to the walled city of Avila, onto Santo Domingo de Silos, Loyola and Lourdes, this will truly be a pilgrimage so full of grace. Participate in this Marian pilgrimage with Dominican connections. Commencing 10 October 2024 for 11 days. Land price from \$4990. For more information - <https://www.harvestjourneys.com/tour/mary-and-the-saints/>

**Baptisms**

Congratulations to those being Baptised in our Inner North Parishes this weekend: Oliver and Rosalie Hope at Holy Rosary Watson and Nyla Humphries at St Brigid's Dickson. May their lives be filled with God's peace and their hearts with God's love, on this Baptismal day and all days to come.



**BLACKFRIARS, WATSON**

**Parish Mass - The Assumption of Our Lady—15 August**

The Mass time will change from 5.30pm to 6.00pm

**Important message re Gang Gang—22 August**

As Thursday 16 August falls is the feast of the Virgin Mary's Assumption into heaven, a holy day of obligation, the Gang Gang gathering will be cancelled as there will be a school Mass in the Church where all are welcome. For this month only, a table indoors will be booked at Gang Gang Thursday 22/8/24 at the usual time of 10-30 am in Frencham place Downer. Newcomers welcome. September gathering will return to our normal third Thursday at 10-30 am on 19/9/24.

**Dominican library - Saturdays**

In the Parish Centre, 10.30 am to noon. All welcome.

**CENTRAL CANBERRA, BRADDON & DICKSON**

Could Simon Broomhall please contact the parish office

**St Brigid's Community of the Risen Lord Weekly Meeting**

Meets weekly on a Friday. Meeting commences with Holy Mass at 7.00pm followed by a live message and live adoration of the Blessed Sacrament.

**Healing Service St Brigid's - 18 August**



**ST JOSEPH'S O'CONNOR**

**Unpacking the Creed - 14 August**

As usual, we will be meeting on the second Wednesday of the month, that is, Wednesday 14 August at 7.30pm, at St Joseph's, in the parish hall. All welcome. For more information, contact Anna Wierzbicka: [Anna.Wierzbicka@anu.edu.au](mailto:Anna.Wierzbicka@anu.edu.au).

**ST THOMAS MORE, CAMPBELL**

**Parish Mass - The Assumption of Our Lady—15 August**

Mass will be celebrating the Feast of Assumption on Thursday 15 August at 11.45. There will be no mass on Friday 16 August.

**Call to Ministries**

St Thomas More's Parish will be hosting a call to ministries over the next 2 weeks in the lead-up to a Commissioning Mass for our renewed PPC and other ministries... "There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different people, it is working in all of them." 1 Cor 12:3-7,12-13. As in a family, we in St Thomas More Parish should all be keen to share our gifts in maintaining a vibrant and inclusive parish family. There are many ministries within our Parish with which you would be welcome to engage, such as welcome's /ushers, morning teas, readers, IT/Social media, faith formation, Acolytes/Altar servers, liturgy, musicians, outreach and home care, and so much more.

**St Thomas More Parish 60th Anniversary Celebration - 17 Nov**

SAVE THE DATE We invite you to celebrate 60 years with us! Celebrations commence at 10am with a family Mass, which will be followed by BBQ brunch and lawn games. 30 White Crescent, Campbell.

**OUR RECENTLY DECEASED**

Our recently Deceased: May they find peace and comfort in the embrace of the Lord:  
Antonius (Tom) Penders  
Fr Peter Gannon, Fr Pat Kenna, Mary O'Hanlon, Megan Dark.

**IN LOVING MEMORY**

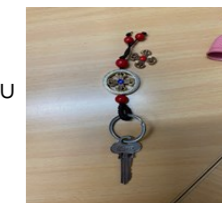
Fr Rafael Gabezon, Jose' Prateleal, Guiseppa Schimizzi, Dorothy Olsen, Katey Tuite, Carmelo Abbondante, Catherine Spano, Zelma McManus, Brian Ward, Marjorie Eileen and Joseph Martin Lyons.

**THOSE WHO NEED OUR PRAYERS**

Steve Sedgewick, Zachary Mason, Daniel Whiley, Marjorie Letts, Bishop Pat Power.  
*Prayer intentions will remain in the bulletin for four weeks. You are welcome to email the parish office if you would like to renew your prayer request.*

**Lost and Found**

If you have lost this key, it is at the St Thomas More's primary school for you to collect.



**ARCHDIOCESE**

**Faith Under Fire - 14 August**

"How Faith Sustains us in moments of Crisis & Change" with Captain Gavin Keating, Chaplain Royal Military College, Duntroun. Dinner + Speaker + Q&A, 6.30 - 8.30PM at King O'Malleys Pub, 131 City Walk Canberra.

**Cultural Competency - 31 August**

The Catholic Women's Taskforce, Archdiocese of Canberra and Goulburn has a workshop on 31 August. Kylie Shea, a Ngunnawal woman will facilitate the sessions where we will learn about Ngunnawal culture. Venue: Parish Centre Aranda. Register via [www.cgwomen.org.au](http://www.cgwomen.org.au)

**Archdiocesan Assembly - 18 - 20 October**

All are invited to join us on our pilgrim journey of discernment.  
**When?** Friday 18 (5:00pm) to Sunday 20 (12:30pm) October, 2024  
**Where?** a decentralised gathering involving 'Hubs' in Canberra, Goulburn, Young, Narooma and Cooma. There is also a 'digital' experience offered to all in the Archdiocese.  
**Who?** It will gather leaders and members of our Parishes, Catholic Schools, Catechists, Chancery, movements, ministries, communities and organisations